

Sheffield
Hallam
University

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Welcome



Welcome to Sheffield Hallam

Support for estranged students

Not everyone who comes to university has the support of their family. If you're estranged from your family, find out how we can support you as a student.

Our Offer

Named Contact

You will get a named contact who will:

- support you with issues or concerns. You can meet with them one-to-one, or contact them over the phone or through email
- help you access all our support services
- send monthly newsletters year round detailing opportunities and events

Help with your finances

You'll receive:

- support from our Student Success Scholarship (if eligible)
- priority access to our money skills support through one-to-one appointments or in a workshop
- support with student funding issues

* Please note you will need to prove your estrangement through Student Finance England before we can offer funding support. If you need advice please use the contact details below *

Contact details:

0114 225 2679

inclusivesupport@shu.ac.uk

go.shu.ac.uk/Studentsupportblog

Additional and Support

Student Wellbeing

Student Wellbeing offers guidance and support on a range of personal issues and topics, through self-help and online resources and group or specialist sessions.

0114 225 2136

student.wellbeing@shu.ac.uk

blogs.shu.ac.uk/lsss/wellbeing-about

Careers and Employability

Offer support with choosing the right career, looking for jobs – both graduate and part-time, applying for jobs and support when you graduate. They run a Career Mentoring Scheme which pairs student mentees with professionals who mentor and help them to make decisions about their career.

0114 225 3752

careers@shu.ac.uk

www.shu.ac.uk/current-students/careers-and-employability

blogs.shu.ac.uk/employability/

Students Union Advice Centre

The Students' Union Advice Centre at the HUBs offers free, independent and confidential advice on • funding • academic problems • benefits • debts • housing.

0114 225 4148

www.hallamstudentsunion.com/advice_help/

We have a Face Book group for students who are estranged from their family. Search SHU Students Studying Without Family Support in Face Book groups.

Faculty Support

Your faculty helpdesk is your first point of contact for all course-related enquiries, including:

timetabling • module choice • absence reporting • assignment hand-ins • contacting tutors • support if you are experiencing difficulties which are affecting your studies.

Log in to Blackboard via My Hallam for a link to contact your faculty.

Skills Centre

The Skills Centre offers workshops, small group forums and drop ins for all students to help you to develop your academic skills throughout your studies. One to one tutorials for students with learning difficulties like dyslexia are also available.

Topics include: Literature reviews • Assignment planning • Critical writing

• Presentation skills

You can locate them in the library.

blogs.shu.ac.uk/skillscentre

Accommodation

If you need information, help or advice about finding somewhere to live or with your current accommodation visit SHU Accommodation Services at 38–40 Howard Street (opposite the main entrance at City Campus).

0114 225 5555

accommodation@shu.ac.uk

www.shu.ac.uk/study-here/

[accommodation](#)

Useful resources

Stand Alone

Stand Alone offer innovative advice and support services for all people experiencing estrangement.

They have direct support services focussed in Sheffield where they run support groups, a range of therapeutic workshops and a programme to connect people for ongoing emotional support.

They have published online information and advice guides for all people experiencing estrangement or disownment who can't reach a group or workshop.

www.standalone.org.uk

Student Finance England

You need to complete an estrangement form to confirm that you're irreconcilably estranged from your parent(s).

To be considered irreconcilably estranged from your parents, you won't have had any written or verbal contact with either parent and this is unlikely to change. Usually, for a period of at least twelve months, but they will consider all cases.

You can find their confirmation of estrangement form here:

www.sfenland.slc.co.uk/estrangement

Top Tips

- Find out how to apply for funding as an independent student. The organisation StandAlone have written a guide to support estranged students applying for independent status from Student Finance England and Wales. You can find that guide here: www.standalone.org.uk/students/

- If you are having problems applying or accessing your funding our one-to-one advisers can help to resolve complex Student Finance England enquiries and assist with hardship support for students facing financial crises. Please speak to your named contact for more information.

- Get support managing your money. Our money skills advisers can offer lots of useful information and practical steps to help you manage your money. Receive advice and support through Money Skills, one-to-one appointments and workshops. For more information please visit our Fees and Funding pages here:

www.shu.ac.uk/study-here/fees-and-funding/undergraduate/scholarships-and-bursaries

- Join a club or society. It's one of the best ways to meet people and have fun. Check out hallamstudentsunion.com to see a list of societies.

- If you start to feel lonely or isolated, speak to someone. Many students struggle to settle into university life, so you're not alone. But we understand that there may be more complicated feelings if you're estranged from your family and you may not be sure who to turn to for support. We can help you through until you're feeling more confident and settled. Get in touch with Hallam Help who can signpost you to a Wellbeing adviser.

- Keep a note of key contacts at University. You may never need to call on them for support, but it's good to know where they are if you do. There is a list of useful contacts in this booklet.

- Get familiar with your campus as lecture locations can change at the last minute – if you're stuck, look for the self-serve Hallam Help desks dotted around both campuses, these can direct you to the right building.

- Join the SHU GoGlobal Facebook group to find out about social activities and meet students from different countries at www.facebook.com/GoGlobalatSHU/

- Start thinking about your career early. Take advantage of the specialist Careers and Employability support for those studying without family support. Contact your named contact for more information.

- If you're looking for work alongside your studies Careers and Employability can also help you search for part-time jobs both on and off campus. You could even become a Student Ambassador supporting other students. For more information contact the service as above.

- Visit our blog for additional support information: go.shu.ac.uk/Studentsupportblog