

Sheffield
Hallam
University

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Welcome



Welcome to Sheffield Hallam

Support for care leavers

If you were looked after by a local authority during your childhood, you may be eligible for additional support from the University.

Our Offer

Named Contact

You will get a named contact who will:

- support you with issues or concerns. You can meet with them one-to-one, or contact them over the phone or through email
- be a link between you and your local authority
- help you access all our support services
- send monthly newsletters year round detailing opportunities and events

Help with your finances

You'll receive:

- a bursary of up to £1,500 a year for each taught year of study paying full fees. In addition, you'll receive an award from our Student Success Scholarship of £2,000 (if eligible).
- priority access to our money skills support through one-to-one appointments or in a workshop
- support with student funding issues

Contact details:

0114 225 2679

inclusivesupport@shu.ac.uk

go.shu.ac.uk/Studentsupportblog

Additional and Support

Student Wellbeing

Student Wellbeing offers guidance and support on a range of personal issues and topics, through self-help and online resources and group or specialist sessions.

0114 225 2136

student.wellbeing@shu.ac.uk

blogs.shu.ac.uk/lsss/wellbeing-about

Careers and Employability

Offer support with choosing the right career, looking for jobs – both graduate and part-time, applying for jobs and support when you graduate. They run a Career Mentoring Scheme which pairs student mentees with professionals who mentor and help them to make decisions about their career.

0114 225 3752

careers@shu.ac.uk

www.shu.ac.uk/current-students/careers-and-employability

blogs.shu.ac.uk/employability/

Students Union Advice Centre

The Students' Union Advice Centre at the HUBs offers free, independent and confidential advice on • funding • academic problems • benefits • debts • housing.

0114 225 4148

https://www.hallamstudentsunion.com/advice_help/

Faculty Support

Your faculty helpdesk is your first point of contact for all course-related enquiries, including:

timetabling • module choice • absence reporting • assignment hand-ins • contacting tutors • support if you are experiencing difficulties which are affecting your studies.

Log in to Blackboard via My Hallam for a link to contact your faculty.

Skills Centre

The Skills Centre offers workshops, small group forums and drop ins for all students to help you to develop your academic skills throughout your studies. One to one tutorials for students with learning difficulties like dyslexia are also available.

Topics include: Literature reviews • Assignment planning • Critical writing

• Presentation skills

You can locate them in the library.

blogs.shu.ac.uk/skillscentre

Accommodation

If you need information, help or advice about finding somewhere to live or with your current accommodation visit SHU Accommodation Services at 38–40 Howard Street (opposite the main entrance at City Campus).

0114 225 5555

accommodation@shu.ac.uk

www.shu.ac.uk/study-here/

[accommodation](#)

Useful resources

Coram Voice

Coram Voice enables and equips children and young people to hold to account the services that are responsible for their care. We uphold the rights of children and young people to actively participate in shaping their own lives.

<https://coramvoice.org.uk/>

The Care Leavers' Association

The Care Leavers' Association is a network of care leavers whose aim is to improve the current care system, improve the quality of life of care leavers throughout their life and change for the better society's perception of people who have been in care.

<http://www.careleavers.com>

Other Resources

We have a Face Book group for student care leavers. Search for SHU Care Leavers in Face Book groups.

Case study + top tips

Esther Adewole



‘My advice to care leavers is: follow your dreams.’

Esther is a third year student on the BSc Events Management with Arts and Entertainment. She spent time in the UK and Nigeria as a young child and lived with her aunt in London from the age of ten before going into foster care at 14.

My first year at university was spent settling in and trying to get used to a new subject that I'd never studied before, as well as the Sheffield lifestyle and university life. Just little things like registering with the medical centre were new to me and I felt quite alone at times.

‘Going into the second year, things were more settled in Sheffield but I found it difficult juggling family relationships and personal issues along with my education. When I lived with my foster mum, I knew I could visit my social workers at the drop-in centre whenever I wanted, but at uni I felt very alone.

‘I sometimes do find it hard to get support because I don't want people to label me as a

foster kid or give me special treatment just because I'm a care leaver.

‘My goal now is to achieve a 2:1 in my final year and go on to do a masters as well as working one-to-one with other care leavers. I recently got a job as a student ambassador at Sheffield Hallam and am hoping that will give me the chance to meet young people in care at events.

‘My advice to care leavers is: do what you want to do, not what your family want you to do, make time for yourself, look ahead and follow your dreams. If your dream doesn't scare you, you're not dreaming big enough!’

Keep doing what you love. Being a student and a carer can be hectic, but remember to take a little time out to keep doing the things you love. University societies are a fantastic way to meet new people and get involved in an activity. Check out hallamstudentsunion.com to see a list of societies.

Get to know other useful organisations like your local carers' service. They are a great source of information and advice and hold carers' events such as coffee mornings and massage days which can help you meet other carers and relax. For more top tips visit our blog: go.shu.ac.uk/studentsupportblog