

'Happy Christmas??'

The Christmas Season can be a time for
feeling sad and lonely too

Student Wellbeing Christmas Closure
Closes: 12 noon, Tuesday 24th December
Reopens: 8.45am, Thursday 2nd January

If you need advice or someone to talk to during the closure
you can contact one of the services listed below:

Organisation	Contact details
Samaritans	08457 909090 Email: jo@samaritans.org
Police	0114 202020/ 101
Salvation Army Sheffield (They can refer to Night Shelter)	0114 2725158
Advice Sheffield (Benefits and debt advice)	0114 2055055 Email: www.advicesheffield.org.uk
Sheffield Alcohol Service (Not open Bank Holidays)	0845 3451549
Shelter Line	0808 800444
Sheffield and Rotherham Sexual Assault Referral Centre	01709 3073271/ 07785976119 Email: SARC@rothgen.nhs.uk
Women's Aid	0808 20000247 helpline@womensaid.org.uk