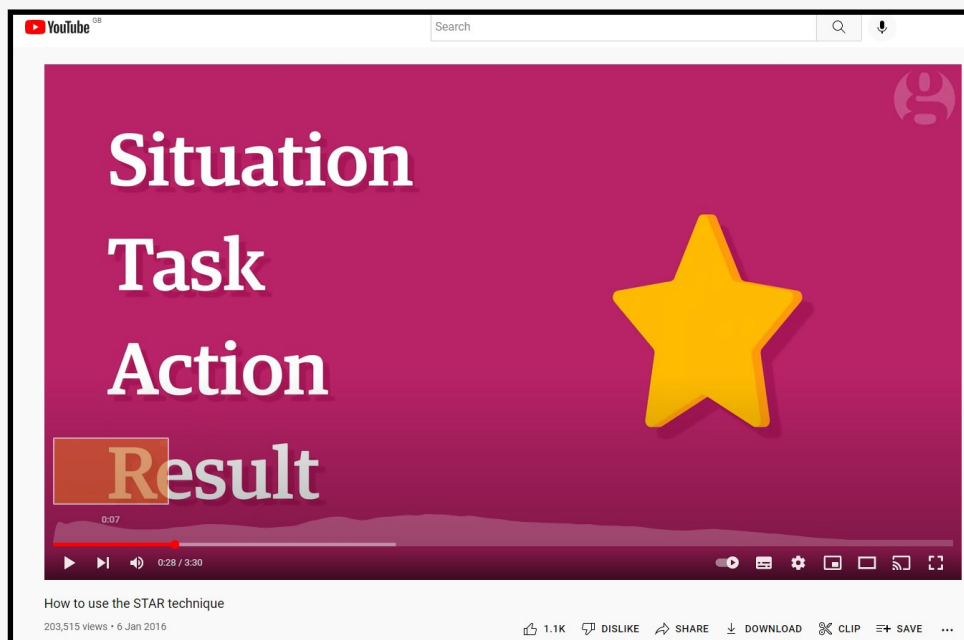


Interviews

Interviews can be nerve-racking but just remember, they already know a bit about you, and they are keen to find out more! Here are our top tips:

- **Be smart and professional.** Wear smart clothes, think about your body language and how you speak and present yourself at interview.
- **Make sure you know the company** - research it's mission, structure, and ethos. Asking what you know about the organisation or why you want to work for them are popular interview questions, so be prepared to demonstrate your knowledge and enthusiasm and what you'd bring to the team.
- **Have an example prepared for each point on the job specification.** Use the STAR technique to formulate how your skills, knowledge, and experience demonstrate your capability for each of these elements.

Click on the image to check out this video for an explanation on how best to use in interviews:



- **Have a go at predicting questions by reformulating points on the person specification and role requirements.**
- **Be sure to practice responding to answers speaking aloud.** If possible, try and do this with somebody else. This will help you practice thinking on your feet and they can give you pointers on things like body language and tone.
- **Be positive, friendly, and enthusiastic.** Interviewers will expect nerves, but these attitudes will shine through.
- **Think of some questions to ask the employer.** This will help demonstrate your interest in the work they do, or show you have an eye for detail.

You can find a comprehensive guide to interviews [here](#)