# Research Therapeutic Radiographer



Early experiences in a new role

## Introduction

- Important to involve patients undergoing radiotherapy treatment in research and clinical trials
- Evidence-based practice
- Overview of a new Advanced Practice role at The Queen's Centre, Castle Hill Hospital
  - Early Experiences
  - Barriers and Challenges
  - Future goals

### Overview

- Research role developed from radiotherapy department goals for R&D and coordination of this
- Responsibilities include:
  - Increasing number of radiotherapy patients involved in clinical trials
  - Aid in setup and smooth running of NIHR portfolio trials (11 locally)
  - Point of contact for Therapeutic Radiographers with regards to trials
  - Liaison for Research Nurses, Radiotherapy Nurses, Booking Coordinators and others

### Active Trials at CHH

#### Open/Recruiting

- •Aristotle (Colorectal)
- •CIPHER (Brain Mets/Breast)
- ComPare (Head and Neck)
- •De-Escalate (Head and Neck)
- •INTERLACE (Gynae)
- PATHOS (Head and Neck)
- POSNOC (Breast)
- •PRAIS (Bone Mets)
- RADICALS (Prostate)
- SCALOP2 (Pancreas)
- STAMPEDE (HEY & SNEY) (Prostate)

#### In Setup

- •Neo-Aegis (Upper GI)
- •SCOPE 2 (Upper GI)
- •ROAM (Brain)

#### Overview

- Other Responsibilities include:
  - Working alongside Physicist with Trials interest
  - Therapeutic Radiographer consulted for the development of new trial process documents
  - Support all Therapeutic Radiographers involved in setting up in-house service development and research trials

# Early Experiences

- Support and guidance from wider radiotherapy research community
- Good Clinical Practice training
- Increasing my own and radiotherapy department knowledge regarding NIHR portfolio trials active and those in-setup
- Building a dialogue with local R&D, Academic Oncology, Research Nurses, Data Managers
- Getting to grips with the EDGE



# Early Experiences

- Reporting trials numbers, identifying barriers to recruitment and how to address them
- Liaising with other trusts where patients are attending for radiotherapy in our department
- Attending and feeding back from conferences, trials workshops
- Reducing protocol violations
- Radiotherapy viewpoint to new trials, setting realistic targets

## Barriers/Challenges

- Integrating with other local areas, meetings
- Identifying research, service evaluation, audit and usual practice
- Changes in R&D
  - All local/national studies needing ethical approval via Health Research Authority from April 2016
  - Funding cuts and local restructure
- Protecting time and staffing
- Research as a part of daily practice

#### Future Goals

- Increase number of radiotherapy patients on trials
- Changing focus to local studies/service development
- Rolling out GCP training to all Advanced Practitioners and therapeutic radiographers
- Horizon-scanning for new trials
- Develop/support others in getting research published, building experience/confidence
- Developing capacity for research getting all involved (SCOR Research Strategy 2016-2021)

### Conclusion

- Benefits and challenges in undertaking a Research Therapeutic Radiographer role
- Important to consider the local department and trust goals for R&D
- Consider departmental culture in building the role
- Flexibility and good communication skills are imperative
- Sharing knowledge with others to benefit patients

