THE DEVELOPMENT OF A RELATIONSHIP BASED COMMUNITY NURSING COURSE

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THE HEALTH VISITING, SCHOOL NURSING AND DISTRICT NURSING PROGRAMMES

- Health visitors and school nurses provide universal preventative health care services for children and young people aged 0-19 years.
- District nurses provide care for functionally dependent and older house bound clients.
- We work with the most vulnerable and marginalised people in society
- Policy agenda with emphasis on high quality, compassionate, person centred care & measurable outcomes within resource limitations







PROGRAMME UNDERPINNED BY A PERSON CENTRED APPROACH & THE 'SPIRIT OF MI'

- Increasingly difficult for traditional delivery of services to meet the complex needs of our populations
- Requires core nursing qualities and innovative, transformational practice
- Students encouraged to underpin decision making for individuals and communities based on the centrality of the client



BEHAVIOUR CHANGE

- Students engage in a module of "Behaviour Change" techniques
- Making every contact count
- Underpinning philosophy of unconditional positive regard; empathy and warmth
- Teaching includes; role play and service user involvement
- Variety of assessments methods to measure learning of skills and knowledge; eg. OSCE



A SPIRAL CURRICULUM

- Early emphasis on
 - "the individual"
 - relationships
- Later in programme
 - Complexity
 - Populations
 - Leading services in response to client needs
- Consistently close connection between theory and practice
- All assessments embed some form of patient centredness



SUMMARY

- Primary Care- increasingly complex individual and population needs
- Client-centred approaches
- Requires clear vision
- Credibility
- Innovative teaching and learning required with unambiguous connection between theory and practice



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