



# Prepare for success

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## Session plan

- Adapting to study in the UK
- Strategies for academic success
- Support available



# How did you study in your home country?

- lectures and notes
- texts to study
- predictable tests and exams
- multiple choice questions
- information to memorise
- allowed to cut and paste
- some citations to acknowledge sources



# UK Teaching Methods

## TEACHING METHODS

### 1. Lectures

Gives overview of subject  
Prepare by reading before  
Review notes after

### 2. Seminars

Classroom work  
Discuss in groups  
Make notes of others' comments

### 3. Tutorials

Small groups  
Go prepared with issues/ideas

### 4. Private Study

Time management  
Independence

In my country they  
give me a picture  
and say copy this.  
Here they give me a  
blank canvas,  
brushes and say  
paint your own.  
It's great, by the way!





**to study:**

to learn about, review,  
analyse, investigate,  
explore, enquire,  
research, read,  
critique....



### Independent study

Attend Lectures/  
Seminars  
/Tutorials



**Assessment**

36 hours  
per module

120 hours per module of independent study and  
assessment write up and submission



## Assessments

- Exams
- Phase test
- Coursework Assignments – Essays/Reports
- Presentations
- Group work
- Business/Research Proposals
- Consultancy Projects
- Lab based assessments
- Clinical Exams
- Dissertations
- Viva/Interview
- Portfolios





## **Assessment feedback**

- Formative assessment feedback
- Summative assessment feedback



## Quick tips

- Manage your time well
- Don't leave assessments to the last minute
- Read the information given to you
- Attend your classes
- Join in discussions
- Research
- Develop your skills in selecting information
- Think critically
- Use support services



## Success requires...

- Motivation
- Goal setting
- Time management – prioritising
- Balancing work, study and life priorities
- No procrastination
- Good health
- Support
- Having fun!



## Motivation

- Understand what motivates you to study
- FOCUS on FUTURE LONG TERM GOALS!
- Develop confidence in your abilities. Don't be afraid to ask for help
- Forget about past mistakes – focus on your success!



## Time management

- Use strategies that work for you
- Work up a schedule and stick to it
- Know yourself - choose to study when you are most alert
- Prioritise!
- Don't procrastinate - Do it today!
- Don't forego sleep!
- Leave some time for HAVING FUN!



## Study strategies

- Know yourself - What works for you?
- Maximise your concentration
  - organise your study space
  - introduce triggers which 'deepen' your concentration
- Create a study plan per module, e.g. for each assignment
- Attend classes and be engaged
- Read with purpose
- Take organised notes



## There is support available



Your **student support adviser** gives you advice when difficulties arise that affect your ability to study.

Your **academic adviser** supports your academic journey and performance, helping you achieve your goals and guiding you through options for further study and development.

Your **employability adviser** helps you develop your career during and beyond your studies, from job searches and finding relevant placements to CV writing and interview preparation.



## Use all the support available

- My Hallam  
[www.shu.ac.uk/myhallam](http://www.shu.ac.uk/myhallam)
- Study Skills Centre & The Library
- Success at L7 Programme
- Course leader and module leaders
- Peer support
- Specialist support

### This week at Hallam



#### Cost of living support

[Cost of living support](#)



#### Graduation

[Find out what to expect – or celebrate fellow students' ceremonies on our live stream](#)



#### Black Friday Gym offer

[Grab a 9 month all-inclusive membership for just £135.](#)

### Teaching and learning



#### Study skills

[Access My Student Record, book a PC and get](#)



#### IT and library

[Find study spaces, borrow books and equipment and](#)



#### Access Blackboard

[Find course timetables, modules, academic updates](#)

### Popular queries

[The Student Handbook](#)

[Covid-19 student guidance](#)

[Academic calendar](#)

[How your undergraduate degree is calculated](#)

[Understanding your results](#)

[Assessment and exam information](#)

[Request an extension to a submission deadline \(RESO\)](#)

[Email and calendar changes to Outlook](#)

### Student voice

We'd like to work with you to improve what we do. Here's how you can get involved and make your voice heard.

[Union Voice - Share Your Experience](#)

[Help improve your course with Student Reps](#)

[Help us improve your student experience](#)





# Academic preparation before you travel

- Complete the academic skills check  
<https://go.shu.ac.uk/skillscheck>
- Browse the online resources  
<https://libguides.shu.ac.uk/skills/resources> and start developing skills before arriving e.g.:
  - academic writing
  - referencing
  - independent learning



## Succeeding as a postgraduate student

[www.open.edu/openlearn/education-development/succeeding-postgraduate-study](http://www.open.edu/openlearn/education-development/succeeding-postgraduate-study)

### A free self-study course

Free course

Succeeding in postgraduate study



Free statement of participation on completion



SESSION  
1

Session 1: The nature of Master's-level study

SESSION  
2

Session 2: Reflective thinking, reflective learning and academic writing

SESSION  
3

Session 3: Critical and analytical thinking

SESSION  
4

Session 4: Critical reading and writing

SESSION  
5

Session 5: Searching for, evaluating and keeping up-to-date with information

SESSION  
6

Session 6: Using information responsibly and communicating in an online learning environment

SESSION  
7

Session 7: Reflective writing, reflective practice and discipline perspectives

SESSION  
8

Session 8: Applying critical thinking skills



## Exploring academic integrity

[www.open.edu/openlearn/education-development/all-my-own-work-exploring-academic-integrity](http://www.open.edu/openlearn/education-development/all-my-own-work-exploring-academic-integrity)

Free course

All my own work: exploring academic integrity



Free statement of participation on completion



### Introduction and overview

SESSION  
1

Session 1: Ethics, trust and academic community: why?

SESSION  
2

Session 2: When and when not to reference

SESSION  
3

Session 3: Exploring the 'how' of producing your own work



## Prepare to study and live in the UK

<https://www.futurelearn.com/courses/prepare-to-study-uk>

Online Courses / Teaching



### Study UK: Prepare to Study and Live in the UK

★★★★★ 4.9 (191 reviews)

Be prepared for university study in the UK by familiarising yourself with UK culture and higher education.

Join now

52,880 enrolled on this course

Educators are currently **active** on this course





## Final recommendations

- Don't underestimate the challenge of studying and living abroad
- Prepare well for all aspects of your course and experience – e.g., finances, accommodation, travel arrangements, part-time work
- When things go wrong, remain professional and seek help from the student support



## Keep in touch with the International Experience Team

- **International Experience Newsletter** which is sent weekly to your personal e-mail account.  
Keeps you updated on what's going on
- **GoGlobal Social Media**  
[linktr.ee/shu\\_goglobal](https://linktr.ee/shu_goglobal)
- Attend our GoGlobal activities and events  
[shu.ac.uk/goglobal/goglobal-events](https://shu.ac.uk/goglobal/goglobal-events)