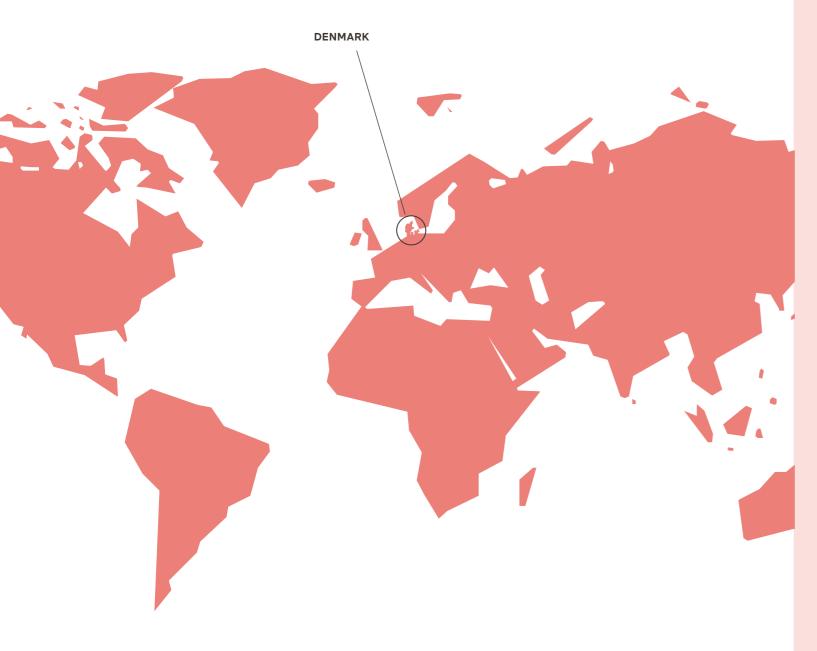


VIA University College en.via.dk

### WELCOME TO DENMARK



Denmark

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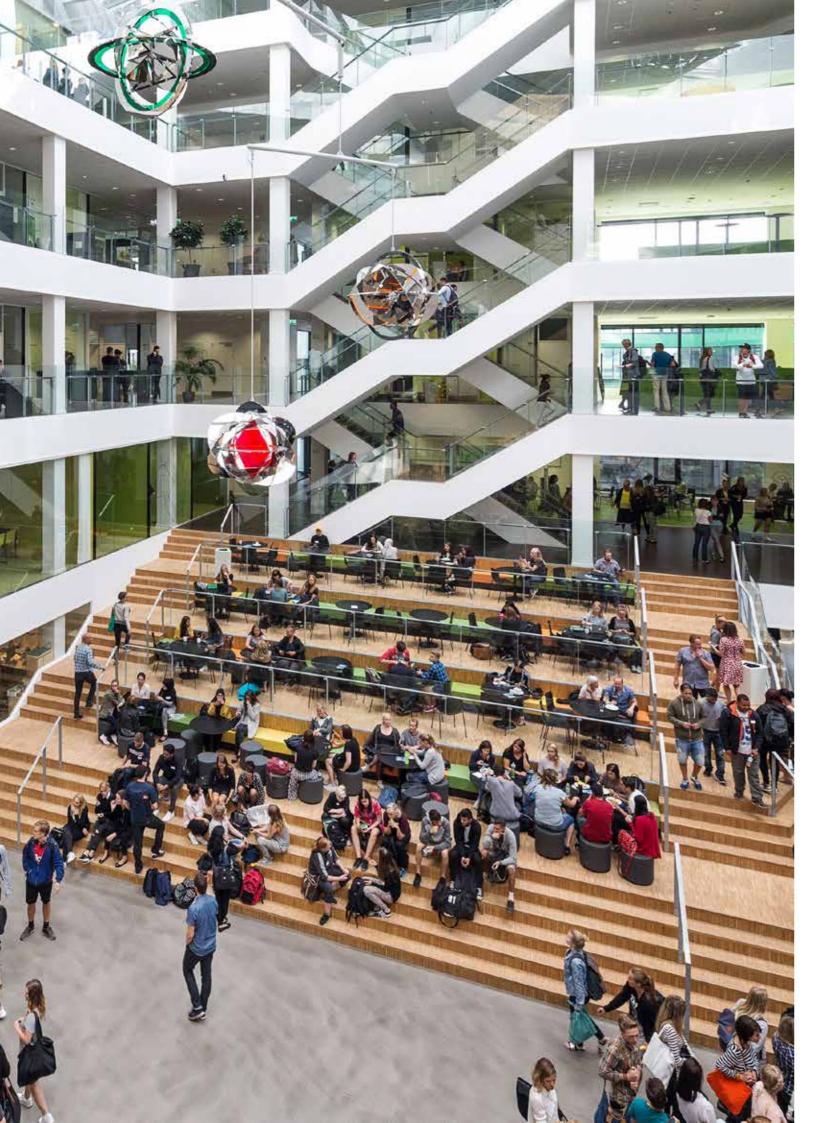
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# WELCOME TO DENMARK

Welcome to VIA and to the time of your life!

Studying abroad is an experience that will last you a lifetime and develop your skills academically, culturally and personally. This guide will answer some of the questions you may have before arriving in Denmark and at VIA, as well as during your stay, and help you adjust to studying and living in a new country.

### About VIA

VIA University College is one of the largest universities of applied sciences in Denmark. We have eight campuses in the Central Denmark Region and offer full degree-, exchange- and summer school programmes within diverse subjects such as education, social studies, health sciences, business, technology and creative industries.

### VIA in numbers

8 campuses in the Central Denmark Region

18,500 full-time students

More than 3,500 international students

2,500 faculty and staff

23 exchange programmes, 20 full degree programmes, as well as Summer- and Winter Schools taught in English



### **WELCOME TO DENMARK**

# Living in Denmark

### **Meet the Danes**

Core values in Denmark include freedom for the individual, equality, tolerance and a strong sense of mutual trust. When you live in Denmark, you can enjoy a balanced lifestyle and have time for studies, work and leisure. While there is a strong respect for the community, there is also a strong emphasis on personal freedom and the opportunity to pursue and fulfil individual potential.

Personal freedom and responsibility go hand-in-hand when you are a student in Denmark.

### **Example of living costs**

Accommodation:

DKK 2000-5000/EUR 250-650 pr. month

Food and household:

DKK 1500-2000/EUR 200-250 pr. month

Books and other study materials:

DKK 1000-1500/EUR 130-200 pr. semester

Local transportation:

DKK 200-300/EUR 25-40 pr. month

**Pocket money** 

DKK 1000/EUR 130 pr. month

To save money on transportation, you could consider buying a used bicycle.

### Accommodation

There are multiple accommodation options in VIA's campus cities – dormitories, private apartments, house sharing – depending on preference and the length of your stay.

Dormitories and house sharing offers great opportunities for socialising and meeting new friends and are more affordable.

Contact the Student Counsellor or International Coordinator at your programme to enquire about specific options near your campus – find their contact information on en.via.dk on your programme's page.

### **Learning Danish**

If you want to socialise with the Danes during your stay, if you are planning to work during your stay, or maybe settle permanently in Denmark when you have graduated, learning Danish could be very helpful. Although most Danes speak excellent English, knowing a bit of Danish could help break the ice in social gatherings and be the deciding factor when applying for a job.

In most cities, VIA students get a discount on Danish courses at Lærdansk. Read more at https://laerdansk.dk/en

### Social lif

Having an active social life matters very much for your study abroad experience and helps provide motivation when you miss home. Most programmes at VIA are initiated with introduction days with social activities, including team building and getto-know each other games. It is also possible to join student unions focusing on a multitude of activities such as social and volunteer work, board games and sports. Some of VIA's campus cities additionally offer student facilities open to all students, often with events aimed specifically at international students. Keep an eye on the message boards on campus and studienet.via.dk for social activities.

### Student jobs

A student job can be a great way of earning a little extra to cover expenses and to build a network in Denmark, all while getting some experience to add to your CV. However, it can be difficult to find a job as a non-Danish speaker. Thus, it is a good idea to consider Danish Lessons. Taking an internship in a Danish company or organisation during your studies is also a great door opener.

If you are a citizen of the Nordic countries, EU/EEA or Switzerland, there are no restrictions to how much you can work while in Denmark. Students from the rest of the world are allowed to work up to 20 hours a week as well as full time during June, July and August. However, it requires a work permit sticker in your passport – apply for a work permit at www.nyidanmark.dk

Read more about Danish culture and living in Denmark at en.via.dk



Denmark



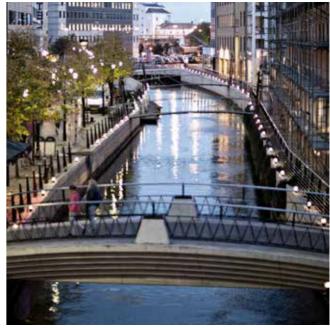




Go for the international experience! Studying abroad will change the way you see life

1aria, student

oftware Technology Engineering





# **Formalities**

Visa, residence permit and CPR number

Foreign citizens must have a valid residence permit and a Danish civil registration/social security number (CPR) to live and study in Denmark. Depending on where you come from, you may also need a visa – check on the Danish Immigrations Service's website, nyidanmark.dk, or with your local Danish embassy or consulate, whether you need one. Residents from the Nordic countries and the EU do not need a visa. Make sure to consult public websites on visa, residence permit and CPR number as rules and procedures change continuously.

### Residence permit

Rules vary depending on home country:

EU/EEA citizens - Do not need to apply for residence permit, but must instead apply for an EU residence document at SIRI (Agency for International Recruitment and Integration/Styrelsen for International Rekruttering og Integration). They visit some campuses to help new students with the application. At other campuses, you have to apply on your own. Ask your International Coordinator or Student Counsellor for more information.

**Nordic citizens** – As a citizen of the Nordics you are allowed to live in

Denmark without a residence permit. Go directly to Citizen Services/Borger Service in your local municipality to obtain a CPR number and health insurance card, if you are staying in Denmark for more than 3 months.

Non-EU/EAA citizens – You have to apply for residence permit and the process can take up to 60 days. As soon as you have paid the tuition fee, VIA will initiate the online application process.

### CPF

A Civil Registration number (CPR) is required to obtain a health insurance card and open a bank account. Go to Lifeindenmark.dk for more information on how to get a CPR number. As with residence permits, some campuses get a visit from Civil Services (Borgerservice), who helps new students obtain a CPR number. Ask your International Coordinator or Student Counsellor for more information. Note that you can only get a CPR number if you are staying in Denmark for more than 3 months.

### Insurance

VIA recommends that you make sure that you have adequate insurance while studying in Denmark. EU/EEA citizens should bring the blue EU health insurance card. If you have a Danish residence permit and are registered with

the municipal civil registration office. you are covered by the Danish health insurance scheme 6-8 weeks after your arrival. We recommend that you arrange for health insurance until then. Note that while Danish health insurance covers any treatment by a general practitioner or hospital, it does not cover medicine and medical evacuation to your home country. In addition to health insurance, it is advisable to get accident insurance to cover financial consequences of accidents, a third-party liability insurance to cover expenses if you have to pay compensation to a third-party and a home insurance to cover your personal belongings.

### Bringing your vehicle

If you stay in Denmark for more than 185 days and are bringing your vehicle, you have to register the vehicle in Denmark and it is subject to Danish Registration Tax. Failing to comply with the registration rules can cause payment of fees retrospectively in addition to considerable fines. Also, make sure your insurance is valid in Denmark including Danish liability insurance requirements. Learn more about the registration of foreign vehicles at skat.dk

Coming to Denmark has been a life challenge for me. I have developed my self-confidence in work and society and improved my motivation to face difficulties with a practial approach.



Klodjana, student from Albania Climate & Supply Engineering VIA University College en.via.dk 10 Denmark

### **WELCOME TO DENMARK**

# Health and Safety

### **Doctor and emergencies**

If you stay in Denmark for more than 3 months and have registered for a CPR number, a General Practitioner will be assigned to you. His/her contact details are printed on your Health Insurance Card (Sygesikringsbevis). If you have a medical history, it is a good idea to bring your file from your doctor at home. Note that although health care is generally free of charge in Denmark, medicine and dental care are not.

If you need medical assistance outside of your doctor's opening hours you can call the emergency phone 70 11 31 31. For urgent or life threatening illness, injury or emergencies call 112.

### Culture shock and mental well-being

It is important to be aware of the risk of experiencing culture shock and to pay attention to any symptoms such as loneliness, sleeplessness, loss of self-confidence. It is very common to

experience culture shock when leaving a familiar place to live and study somewhere unfamiliar. Remember that emerging yourself in an unknown culture is a part of the learning process and that most students will return with greater self-confidence and the ability to manage in an intercultural setting. Go to www.studyindenmark.dk to get tips on how to manage culture shock or, get in touch with your Student Counsellor, if you are feeling overwhelmed or otherwise challenged with your mental well-being. Most campuses offer student psychologists and/or a Student Chaplain. The Student Chaplains are open to anyone regardless of religion.

Check list

Note that requirements vary depending on whether you are studying short term, e.g. as an exchange student, or long term, e.g. full-degree students, in Denmark. Hence the check points below are only indicative of what you might need to consider pre- and post-arrival.

### Pre arrival:

- ✓ Confirm you study place at VIA's admission portal
- ✓ Make sure you have the right insurance (personal possessions, accident, personal and perhaps extra health)
- ✓ Find accommodation
- ✓ Find out if you need to apply for visa and residence permit before arriving in Denmark. Check with local Danish embassy or consulate
- ✓ Obtain your "Letter of Admission" to document that you are admitted to VIA
- Make sure that you can document that you have enough money to support yourself during your stay in Denmark
- ✓ Find out how to get from the airport/train station/bus station to your accommodation and to school
- Bring your laptop. Check on the website of your programme, if there are any special technical requirements.

### Post arrival:

- ✓ Get a residence permit at International Citizer
  Service or The State Administration
- ✓ Get a Civil Registration Number, Health Insurance card and NemID at **livingindenmark.dk**
- ✓ Apply for a work permit, if applicabl
- ✓ Open a bank account (if needed)
- Find out if you want to join any student unions or other social activities.

**Don't hesitate - just come to Denmark** because you will never regret it. It might be a little cold and rainy but the kindness and enthusiasm of the people will make you feel warm.



Yue, student from China Value Chain Management



# Studying at VIA

### Teaching style

### Informal teaching environment

At VIA, we want students to be responsible learners and take charge of their own education. Therefore, we expect students to participate actively in the debate in the classroom.

The teaching environment is informal and based on mutual respect with easy access to lecturers and staff. We emphasize contact between lecturers and students and encourage students to ask relevant questions, challenging themselves as well as the lecturer.

### Hands-on experience

The Scandinavian educational culture combines theory and practice relating to the trades and professions for which we educate our graduates.

All our study programmes include practical training periods, during which students not only observe real businesses and organisations in action, but also work hands-on with the challenges they face on a daily basis. The ability to combine theory with practice will give you the basis for new knowledge and insight.

### Project based learning

As a student at VIA, you will be introduced to project based learning – working independently or in small groups on a project with a lecturer assigned to guide you through the learning process. This way of working prepares you for the way "things are done in real life" in both businesses and public institutions and enables you to work closely together with other people.

### Internships and study trips

We believe that it is very important to have the 'know-how' of applying theory to practice. Enrolled in one of VIA's programmes, students have internship and study possibilities at an institution or company that is relevant to their studies.

### Welcome for new students

Most of VIA's international programmes offer the possibility of being matched with either a buddy or a mentor who can help you get settled in and answer any questions you might have during your stay. Your buddy or mentor is usually an experienced student from your programme and he/she will be able to

help you navigate your new student life, solve any issues before they develop into problems and assist in adapting to a new

### Innovation and entrepreneurship

Innovation and entrepreneurship are central concepts in VIA's programmes and are integrated in the teaching of all programmes. VIA was named the most entrepreneurial institution in Denmark in both 2014 and 2018 for our strategic work with innovation and entrepreneurship.

# VIA campuses

### Herning

Campus Herning is home to VIA Design, one of the the largest design and business academies in Scandinavia within the furniture, fashion and lifestyle sectors. App. 1300 students of which 400 are internationals.

VIA University College Campus Herning Birk Centerpark 5 DK-7400 Herning T: +45 87 55 05 00 E: herning@via.dk

### Holstebro

Holstebro is a modern educational institution with health professional, social educational, social science and technical programmes. App. 2000 students of which 50 are internationals.

VIA University College Campus Holstebro GI. Struervej 1 DK-7500 Holstebro T: +45 87 55 00 30 E: holstebro@via.dk

### Horsens

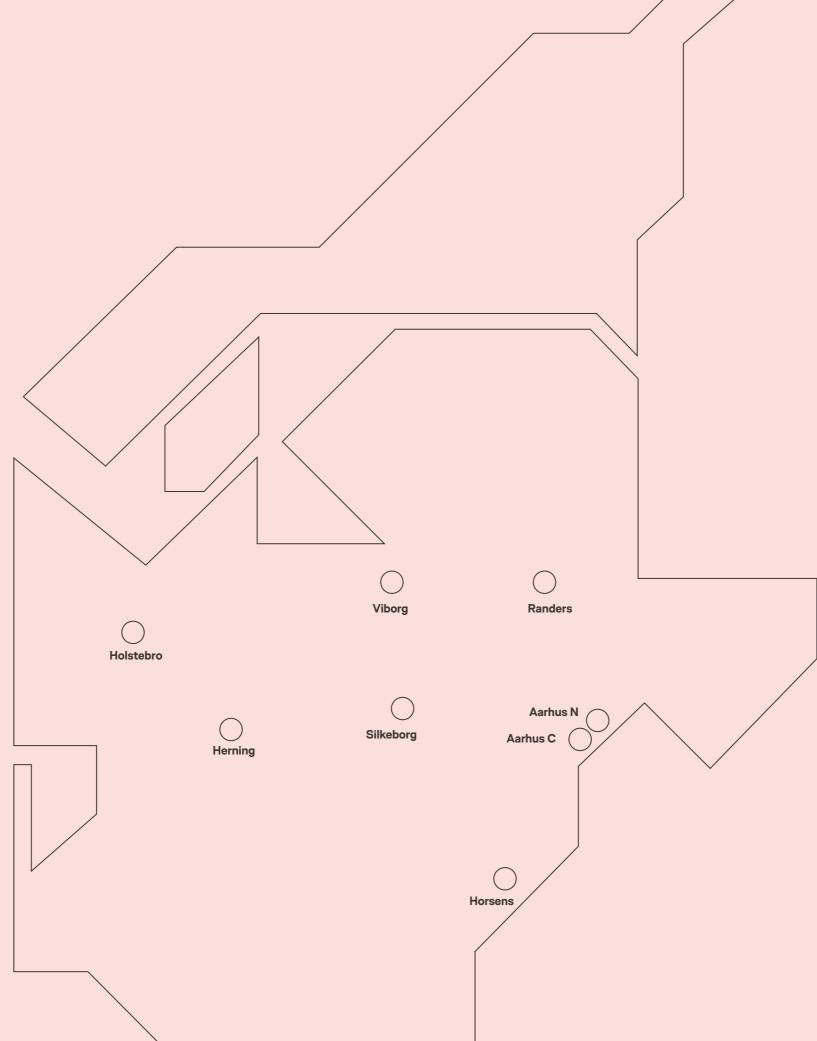
Campus Horsens has a diverse and international study environment and offers programmes in engineering, construction, business & marketing, nursing and social studies. App. 4000 students of which 2200 are internationals.

VIA University College Campus Horsens Chr. M. Østergaards Vej 4 DK - 8700 Horsens T: +45 87 55 00 20 E: horsens@via.dk

### Randers

Campus Randers is a modern campus with room for both academic immersion and social activities. Randers offers programmes within nursing, social education and psychomotor therapy. App. 800 students of which 30 are internationals.

VIA University College Jens Otto Krags Plads 3 DK-8900 Randers T: + 45 87 55 00 15



### Silkeborg

Campus Silkeborg is a small campus for nurses, teachers and social educators located near lakes and forests in walking distance of town. App. 1200 students of which 40 are internationals.

VIA University College Campus Silkeborg Nattergalevej 1 DK-8600 Silkeborg T: +45 87 55 00 35 E: silkeborg@via.dk

### √ibora

Campus Viborg is a modern campus and is among the best in the world in the field of computer graphic arts and animation. Programmes within software engineering, nursing, social education and administration are also available. App. 2000 students of which 200 are internationals.

VIA University College Campus Viborg Prinsens Allé 2 DK-8800 Viborg T: +45 87 55 00 25 E: viborg@via.dk

### Aarhus C

Campus Aarhus C is brand new and offers state-of-the-art facilities and a busy academic and social atmosphere. Offers a wide array of programmes within e.g. construction, global business engineering, teaching and social education. App. 6300 students of which 450 are internationals.

VIA University College Campus Aarhus C Ceresbyen 24 DK-8000 Aarhus C T: +45 87 55 00 00 E: viaservice@via.dk

### Aarhus N

Campus Aarhus N is home to seven of VIA's health professional programmes. This means that students become part of a community of health professionals located close to Aarhus University Hospital. App. 2600 students of which 100 are internationals.

VIA University College Campus Aarhus N Hedeager 2 DK-8200 Aarhus N T: +45 87 55 00 05 E: viaservice@via.dk

# Contact

### Contact information and useful links

VIA

### www.en.via.dk

VIA central administration:

VIA University College

Hedeager 2

DK-8200 Aarhus N

Phone: +45 8755 0000

Email: via@via.dk

### Facebook for international students:

facebook.com/viauniversitycollegeinternational

### Citizen services

www.lifeindenmark.dk

www.nemid.nu

www.icitizen.dk

### **Municipalities**

www.aarhus.dk

www.horsens.dk

www.herning.dk

www.viborg.dk

www.skive.uk

www.randers.dk

www.holstebro.dk

www.silkeborg.dk

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