

Riders Needed!

Do you think you have got what it takes to take on a stint in the Tour de Yorkshire? All in the name of our nominated charity Amy's House right here, in the foyer of Owen Building!

30 minute slots will break up the sessions with 10 minutes to change over, set up your spin bike up and catch your breath.

Riding Times

10:00 and 10:40

11:20

12:00 and 12:40

13:20

14:00 and 14:40

15:20

16:00

Take on the challenge as an individual or a team of 4.

Prizes for best individual and team km ridden!

Tour de Yorkshire



Amy's House