

**Sheffield  
Hallam  
University**



**Free fitness  
or sport session**



# How do I get my free session?

1. Go to [shu.ac.uk/active](http://shu.ac.uk/active) to see the full list of sports and fitness classes and choose which one you want to attend.
2. Fill in your details on this voucher (one voucher per person).
3. Turn up for your fitness class\* or sport session and hand your voucher to our friendly reception staff.

\* subject to availability - call 0114 225 3000 on the day of your chosen class to book your place

**[shu.ac.uk/active](http://shu.ac.uk/active)**

Name \_\_\_\_\_

Student or staff number \_\_\_\_\_

Email \_\_\_\_\_

Date of session/class \_\_\_\_\_

Name of session/class \_\_\_\_\_

Valid 4–26 January 2016