

A 24 hour helpline from **Health Assured** to support you through any of life's issues or problems

Employee Assistance Programme



We don't know when you might need us.
That's why we're here **24 hours a day.**

- ✓ Legal
- ✓ Counselling
- ✓ Consumer
- ✓ Family
- ✓ Financial
- ✓ Medical
- ✓ Work
- ✓ Stress

Call us in strictest Confidence on

0800 030 5182

(Outside the UK: +44 161 836 9498)

- ✓ Emotional support
- ✓ Medical factsheets
- ✓ Personal coaching
- ✓ Fitness advice
- ✓ Health assessment
- ✓ Stress assessment

Online Lifestyle Services

www.healthassuredeap.co.uk

Username: Sheffield

Password: Hallam

