

DTS STAFF WELL-BEING WEEK 14th - 21ST MARCH 2018

WEDNESDAY 14 TH	THURSDAY 15 TH	FRIDAY 16 TH	MONDAY 19 TH	TUESDAY 20 TH	WEDNESDAY 21 ST
AM: Fruit to 20 Furnival/Church House/Collegiate		Massage at Charles St All day - 20 spaces	Massage at Charles St All day - 20 spaces		10.00am Theatre tour (10 to 25 people)
Coffee pods for all machines			Acupuncture Charles Street All day - 20 spaces	Yoga	
	Board Games challenge				Lunchtime walk from 20 Furnival
		Film at the Void @ 6pm		Pottery	