



Nursing and Midwifery Academic Advising Model

The key focus of the advising model is on a positive approach and discussion of a student's development, professional capabilities and aspirations.

Each level has a different focus, and although there is similarity in some of the areas covered the discussions, these are developmental and should reflect the increased challenge/complexity of the level the student is studying at.

Structure of Sessions

- At each level students will be timetabled as part of a module to 5 x 2 hour academic advising tutorials, with their academic adviser and their tutorial group (up to 15 students).
- Four tutorials will be before placement, and one after placement.
- Each student will also have 1 x ½ hour individual meeting with their academic adviser post placement.

Focus of Levels

- Level Four/Part One - 'learning to learn/forming relationships'
- Level Five/Part Two - 'successful studying and learning'
- Level Six/Part Three - 'ready for practice and for life'

Level Four - Learning to learn/forming relationships

"I'm here, I've made it this far, I'm incredibly excited but also scared. I want to be a nurse and make a difference to peoples' lives, but I need support and reassurance that I'm doing OK".

Advising Tutorial	Areas to be Covered (See attached notes)
1 - Pre placement	Icebreakers. Getting to know you. The role of the Academic Adviser. Group dynamics. Where to get support.
2 - Pre placement	Learning to learn, getting the most of the course, finding a work/life balance, my wellbeing, Role of the SSA. Academic preparedness- study skills. Library Gateway. Skills Centre, Studiosity. iDevelop
3 - Pre placement	Professional behaviour - The Code.
4 - Pre placement	Preparation for placement, practice assessment. PDP.
5 - Post placement	Reflection on placement.
Individual 1/2hr Mtg	Sign off of placement documentation. Academic progress discussions.



Level Five/Part Two - Successful studying and learning

"The first part of the course was tough, at times I wondered if I could do it, but I'm still here, and looking back I've really enjoyed it and risen to all the challenges. I've surprised myself at times and learned a lot. Now, how can I make the best of this year (or part, i.e. MSc students) so that I'm in the best position to achieve when I get to my third year (final part)?"

Advising Tutorial	Areas to be Covered (See attached notes)
1 - Pre placement	What's new? Checking academic progress. Reviewing iDevelop. Goals for L5. How am I doing personally? Peer support.
2 - Pre placement	Being proud of my course and profession. Sharing and celebrating placement success. Social media and the nursing profession.
3 - Pre placement	Developing as a professional. PDP. Bouncing back from challenges - resilience.
4 - Pre placement	Preparation for placement. Revisiting placement documentation. Record of Skills and Experience sign off.
5 - Post placement	Reflection on placement.
Individual 1/2hr Mtg	Sign off of placement documentation. Academic progress discussions.

Level Six/Part Three - Ready for practice and for life

"I'm confident in my clinical skills, but I want to be in the best place for when I complete the course, to be confident, able to deal with complexity, to lead and manage and be seen as someone who will be an asset to my employer".

Advising Tutorial	Areas to be Covered (See attached notes)
1 - Pre placement	What's new? Checking academic progress. Reviewing iDevelop. Goals for L6. How am I doing personally?
2 - Pre placement	Dealing with complex issues. Resilience. Leadership and management.
3 - Pre placement	Professional values in the real world/ thriving in practice Meeting alumni, building networks.
4 - Pre placement	Preparation for placement. Revisiting placement documentation. Preceptorship. PDP. Thinking ahead/ further study.
5 - Post placement	Reflection on placement.
Individual 1/2hr Mtg	Final sign off of placement documentation.
Celebration of success	