



## Nursing and Midwifery Academic Advising Model

The key focus of the advising model is on a positive approach and discussion of a student's development, professional capabilities and aspirations.

Each level has a different focus, and although there is similarity in some of the areas covered the discussions, these are developmental and should reflect the increased challenge/complexity of the level the student is studying at.

### Structure of Sessions

- At each level students will be timetabled as part of a module to 5 x 2 hour academic advising tutorials, with their academic adviser and their tutorial group (up to 15 students).
- Four tutorials will be before placement, and one after placement.
- Each student will also have 1 x ½ hour individual meeting with their academic adviser post placement.

### Focus of Levels

- Level Four/Part One - 'learning to learn/forming relationships'
- Level Five/Part Two - 'successful studying and learning'
- Level Six/Part Three - 'ready for practice and for life'

### Level Four - Learning to learn/forming relationships

*"I'm here, I've made it this far, I'm incredibly excited but also scared. I want to be a nurse and make a difference to peoples' lives, but I need support and reassurance that I'm doing OK".*

Advising Tutorial	Areas to be Covered (See attached notes)
1 - Pre placement	Icebreakers. Getting to know you. The role of the Academic Adviser. Group dynamics. Where to get support.
2 - Pre placement	Learning to learn, getting the most of the course, finding a work/life balance, my wellbeing, Role of the SSA. Academic preparedness- study skills. Library Gateway. Skills Centre, Studiosity. iDevelop
3 - Pre placement	Professional behaviour - The Code.
4 - Pre placement	Preparation for placement, practice assessment. PDP.
5 - Post placement	Reflection on placement.
Individual 1/2hr Mtg	Sign off of placement documentation. Academic progress discussions.



### Level Five/Part Two - Successful studying and learning

*"The first part of the course was tough, at times I wondered if I could do it, but I'm still here, and looking back I've really enjoyed it and risen to all the challenges. I've surprised myself at times and learned a lot. Now, how can I make the best of this year (or part, i.e. MSc students) so that I'm in the best position to achieve when I get to my third year (final part)?"*

Advising Tutorial	Areas to be Covered (See attached notes)
1 - Pre placement	What's new? Checking academic progress. Reviewing iDevelop. Goals for L5. How am I doing personally? Peer support.
2 - Pre placement	Being proud of my course and profession. Sharing and celebrating placement success. Social media and the nursing profession.
3 - Pre placement	Developing as a professional. PDP. Bouncing back from challenges - resilience.
4 - Pre placement	Preparation for placement. Revisiting placement documentation. Record of Skills and Experience sign off.
5 - Post placement	Reflection on placement.
Individual 1/2hr Mtg	Sign off of placement documentation. Academic progress discussions.

### Level Six/Part Three - Ready for practice and for life

*"I'm confident in my clinical skills, but I want to be in the best place for when I complete the course, to be confident, able to deal with complexity, to lead and manage and be seen as someone who will be an asset to my employer".*

Advising Tutorial	Areas to be Covered (See attached notes)
1 - Pre placement	What's new? Checking academic progress. Reviewing iDevelop. Goals for L6. How am I doing personally?
2 - Pre placement	Dealing with complex issues. Resilience. Leadership and management.
3 - Pre placement	Professional values in the real world/ thriving in practice Meeting alumni, building networks.
4 - Pre placement	Preparation for placement. Revisiting placement documentation. Preceptorship. PDP. Thinking ahead/ further study.
5 - Post placement	Reflection on placement.
Individual 1/2hr Mtg	Final sign off of placement documentation.
<b>Celebration of success</b>	